

# ÖFOL ELITE TEAM FOOT ORIENTEERING

## Selection Criteria 2025

### TEST RACES

- A. 24/5 WOC test race long Sweden [embargoed – Nacka reservatet in Stockholm – maps of OK Ravinen]
- B. 25/5 WOC test race middle Sweden [embargoed – Nacka reservatet in Stockholm – maps of OK Ravinen]
- C. 2/8 Official EOC selection race Mechelen Belgium
- D. 3/8 Official EOC selection race Mechelen Belgium
- E. 6/9 WC observation race sprint Wien
- F. 7/9 WC observation race sprint Wien
- G. 13/9 Track test 3000m

### COMMONS

- In exceptional situations also an athlete not taking part in test races can be selected.
- Track test generates points according to the Scoring table attached.

### WC ROUND 1 SWEDEN | June 19-22

Selection size assumption	large team (8m+6w or so)
Direct places	<ul style="list-style-type: none"> <li>▪ WOC selected athletes (free to decide if to participate or not)</li> <li>▪ next 3m + 2w from the selection races ranking (see WOC criteria)</li> </ul>
Wild cards based on	<ul style="list-style-type: none"> <li>▪ WOC selection races</li> <li>▪ performance trends, attitude and perspective</li> <li>▪ performance level in Scandinavian terrain</li> </ul>
Decision published by	<ul style="list-style-type: none"> <li>▪ May 29th</li> </ul>

### WOC FINLAND | July 7-12

Selection size assumption	4+4
Direct places	<ul style="list-style-type: none"> <li>▪ Jannis Bonek pre-selected</li> <li>▪ best 1m + 2w from the selection races ranking (points in each race 10 – 8 – 6 – 5 – 4 – 3 – 2 – 1; pre-selected don't score points; in case of a tie sum of times from both races)</li> </ul>

Wild cards based on	<ul style="list-style-type: none"> <li>WOC selection races</li> <li>recent performance level in Scandinavian forest orienteering</li> <li>suitability for the race type</li> </ul>
Remarks	<ul style="list-style-type: none"> <li>direct selection is a selection “into team” (no specified disciplines) and gives the right to run at least one race at WOC</li> </ul>
Decision published by	May 29th

## WORLD GAMES CHINA | August 8-11

Selection size	2+2 (given quota)
Name selection	<ul style="list-style-type: none"> <li>women: Anna Gröll, Ylvi Kastner (reserve Jasmina Gassner)</li> <li>men: Jannis Bonek, Matthias Reiner</li> </ul>
Remark	<ul style="list-style-type: none"> <li>selection will be confirmed by the end of May/beginning of June (changes would be considered in case of long term injuries, significant decrease of general performance and fitness etc.)</li> <li>selection is based on HLE results of 2024 in both the sprint and the forest disciplines in relation to team goals and expected race nature; due to Scandinavian focus and season priorities there is no reasonable possibility to get any other valuable input before the official selection deadlines</li> <li>reserves stay on the home ground, but need to be ready to jump in until the departure</li> </ul>
Decision published by	<ul style="list-style-type: none"> <li>herewith</li> </ul>

## EOC BELGIUM | August 27-31

Selection size assumption	minimum 4+4 (team size depends on performance level at selection races)
Direct places	<ul style="list-style-type: none"> <li>WG selected athletes</li> <li>best Austrian runners (1m+1w) at official selection races on August 2-3 (principles to be specified after the layout of selection races is known; pre-selected don't count)</li> </ul>
Wild cards based on	<ul style="list-style-type: none"> <li>performance level at EOC selection races</li> <li>previous recent international sprint-O results</li> <li>performance trends and perspective</li> </ul>
Remark	<ul style="list-style-type: none"> <li>no wild card is also an option.</li> </ul>
Decision published by	August 10th

## WC ROUND 3 | September 26-28

Selection size assumption	large team (8m+6w or so)
Direct places	<ul style="list-style-type: none"> <li>pre-selected and directly selected athletes for EOC (3w+4m)</li> <li>all Elite team members scoring at least 7p in the track test on 13/9</li> </ul>
Wild cards based on	<ul style="list-style-type: none"> <li>observation races 6-7/9</li> <li>EOC selection races</li> <li>EOC</li> <li>track test performance 13/9</li> <li>previous international sprint-O results</li> <li>performance trends and perspective</li> </ul>
Decision published by	September 17 <sup>th</sup>

## NATIONAL TEAM & NATIONAL TEAM GROUPS 2026 SELECTIONS

Based on	<ul style="list-style-type: none"> <li>performance level (performances in relation to world class)</li> <li>high level events results</li> <li>development, age, potential, attitude</li> <li>other international results</li> </ul>
Remark	<ul style="list-style-type: none"> <li>Consideration for injury or longer periods of illness possible</li> </ul>
Decision published by	End of October

## TRACK TEST SCORING TABLES 2025

### Herren 3.000m

WR	8:25	8p
8:26	8:35	7p
8:36	8:45	6p
8:46	8:55	5p
8:56	9:05	4p
9:06	9:15	3p
9:16	9:25	2p
9:26	9:40	1p

### Damen 3.000m

WR	10:15	8p
10:16	10:25	7p
10:26	10:35	6p
10:36	10:45	5p
10:46	10:55	4p
10:56	11:05	3p
11:06	11:15	2p
11:16	11:30	1p

## SELECTION PROCESS

Always two steps:

1. Selection proposal made by the coaches (head coach, assistant coach).
2. Committee assessment (ÖFOL Sports Director, Head of ÖFOL Department of Foot-O Competitive Sports, head coach).

February 27<sup>th</sup> 2025

Gernot Ymsén (ÖFOL Sport Director)

Radek Novotný (ÖFOL Elite Team Head Coach)

Lucie Rothauer (Head of ÖFOL Department of Foot-O Competitive Sports)